

Here's how to take Metro-North to High Ridge House for the July 28 Andrew Brewis concert:

For those of you traveling from NYC, we would be delighted to pick you up at the Metro-North Riverdale train station.

We suggest the following train from Grand Central Terminal

Train 8735 Departs GCT at 2:23 Arrives Riverdale 2:52

To return home

Train 8750 Departs Riverdale 6:09 Arrives GCT 6:44

Please let us know if you plan to come by train so we know who we should be looking out for.

You may email healingthoughts@highridgehouse.org or call 718-796-4200.

And here's a [link](#) to the Metro North Hudson Line train schedule.